



MOSES

MOSES

FROM PYRAMIDS TO MOUNTAINS

FOCUS

EXODUS 7:14-11:10 & 20:1-21

Moses led the Israelites out of Egypt and into the Promised Land. There were 10 plagues in Egypt and 10 commandments that God gave the people when they were at Mount Sinai.

MATERIALS

Moses Picture

Plagues and Laws flip book and string (1 per child)

Pyramids, Mountains and the Red Sea diagram (1 per child)

Watch Out! song (1 per parent)

Triangle wooden magnet (1 per child)

Crayons, glue and paint

ACTIVITIES

1. INTRODUCTION

TALK: Ask children if they know who Moses is. Introduce him as the man who led the Israelites out of slavery and who taught them God's law.

ACTIVITY: Show children the Moses picture and hang nearby for them to see.



2. PLAGUES & LAWS FLIP BOOK

TALK: Tell kids how God used Moses to bring 10 plagues to the Egyptians to save the Israelites. And how God gave the Israelites 10 laws to follow. Go over each plague and each law.

ACTIVITY: Color flip book.

BONUS: Sing "Watch Out!" song while children are coloring. Handout one to each adult so they can sing along too.



CORRESPONDING VERSE

THE PLAGUE OF BLOOD...
FROGS...GNATS...FLIES...
LIVESTOCK...BOILS...HAIL...
LOCUSTS...DARKNESS...
THE FIRSTBORN...

EXODUS 7:14-11:10

THE TEN COMMANDMENTS

EXODUS 20:1-21

ACTIVITIES

3. PYRAMIDS, MOUNTAINS & THE RED SEA DIAGRAM

TALK: Go over the 10 plagues and 10 commandments again, then explain how Moses had to part the sea to get from the 10 plagues to the 10 commandments.

ACTIVITY: Have kids glue clouds, lightning and stone slabs to mountain side, the plagues to the pyramid side, and fish to river.



CORRESPONDING VERSE

SAME AS ACTIVITY 2

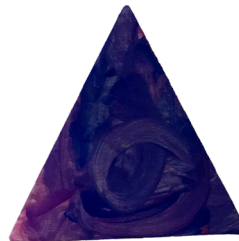
"THEN MOSES STRETCHED OUT HIS HAND OVER THE SEA, AND ALL THAT NIGHT THE LORD DROVE THE SEA BACK WITH A STRONG EAST WIND AND TURNED IT INTO DRY LAND. THE WATERS WERE DIVIDED, AND THE ISRAELITES WENT THROUGH THE SEA ON DRY GROUND, WITH A WALL OF WATER ON THEIR RIGHT AND ON THEIR LEFT."

EXODUS 14:21-22

4. PAINT A PYRAMID OR MOUNTAIN

TALK: Go over how the Israelites left the pyramids behind and headed towards Mount Sinai to receive their commandments.

ACTIVITY: Paint triangle magnet. Kids get to pick if it is a pyramid or mountain. (I encouraged the children to put the magnet on their fridge so they can see it and remember what we learned.)



SAME AS ACTIVITY 2

M

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FLIP BOOK

HOLE PUNCH



YARN

PRINT DOUBLE SIDED

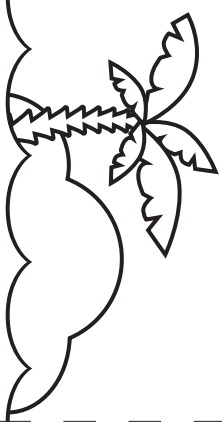
DIRECTIONS

PRINT FLIP BOOK DOUBLE SIDED THEN CUT ALONG THE LINES. HOLE PUNCH THE UPPER LEFT HAND CORNER AND SECURE TOGETHER WITH TIED YARN.



PLAGUE

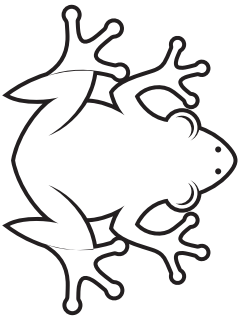
1



The water turned to blood.

PLAGUE

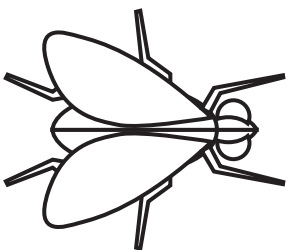
2



There were frogs everywhere.

PLAGUE

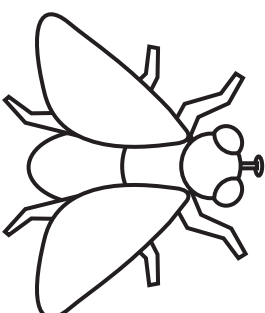
3



There were gnats everywhere.

PLAGUE

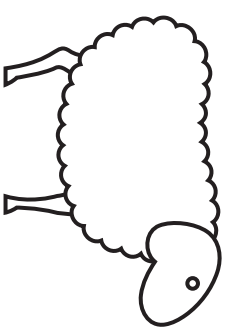
4



There were flies everywhere.

PLAGUE

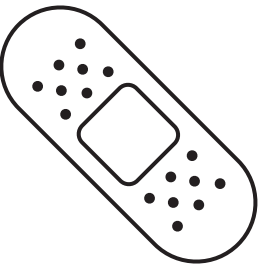
5



All the livestock died.

PLAGUE

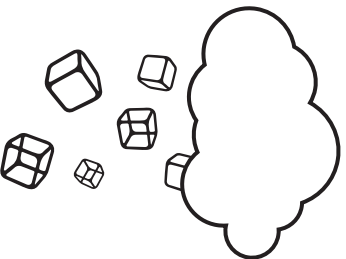
6



There was a breakout of boils.

PLAGUE

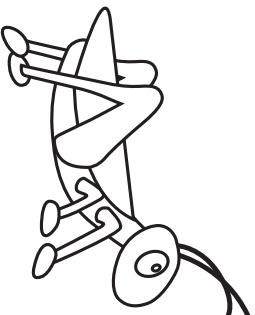
7



There was a huge hailstorm.

PLAGUE

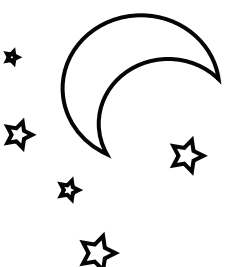
8



There were locusts everywhere.

PLAGUE

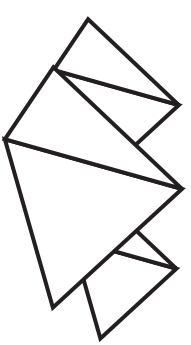
9



The land became dark for 3 days.

PLAGUE

10



All the firstborn egyptians died.

COMMANDMENT

6

Do not
hurt

others

COMMANDMENT

7

Keep your
promises

to others and

God

COMMANDMENT

8

Do not
steal from

others

COMMANDMENT

9

Always
tell the

truth

COMMANDMENT

10

Do not be
jealous of

others

COMMANDMENT

1

No other
gods but

God

COMMANDMENT

2

No idols,
only worship

God

COMMANDMENT

3

Always
treat

God's

name with
respect

COMMANDMENT

4

Rest
on the
7th day

COMMANDMENT

5

Obey
your
parents

WATCH OUT!

Moses asked Go?

Pharaoh said no!

Watch out blood! Sticky sticky

Watch out frogs! Ribbit ribbit

Watch out gnats! Oh no

Watch out flies! Swish swish

Watch out cows! Moo moo

Moses asked go?

Pharaoh said no?

Watch out boils! Boo boo

Watch out hail! Boom boom

Watch out locusts! Munch munch

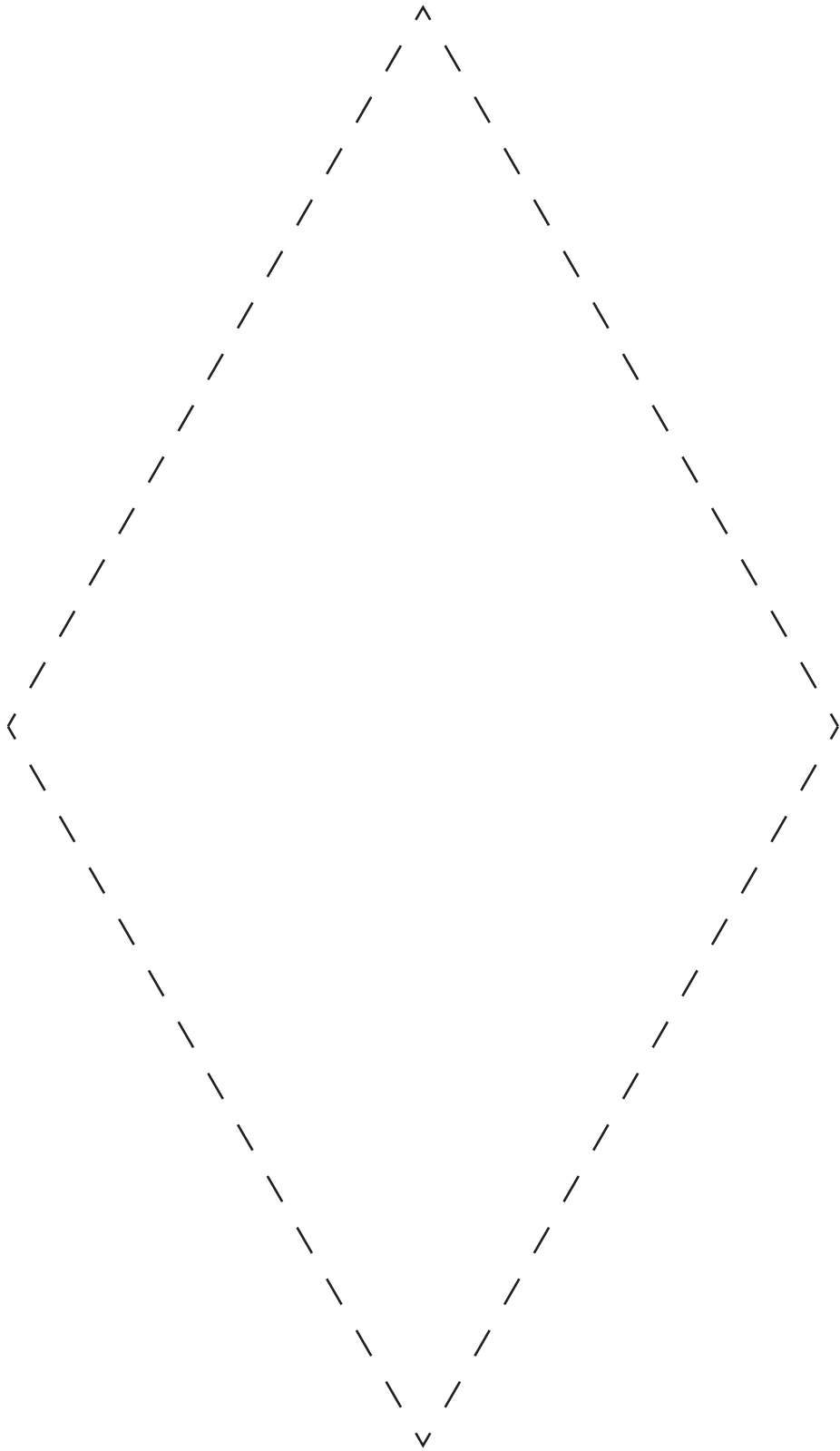
Watch out darkness! Where are you?

Watch out boys! Ding dong

Moses asked go?

Pharaoh said yes!

MOUNTAIN & PYRAMID TEMPLATE



DIAGRAM

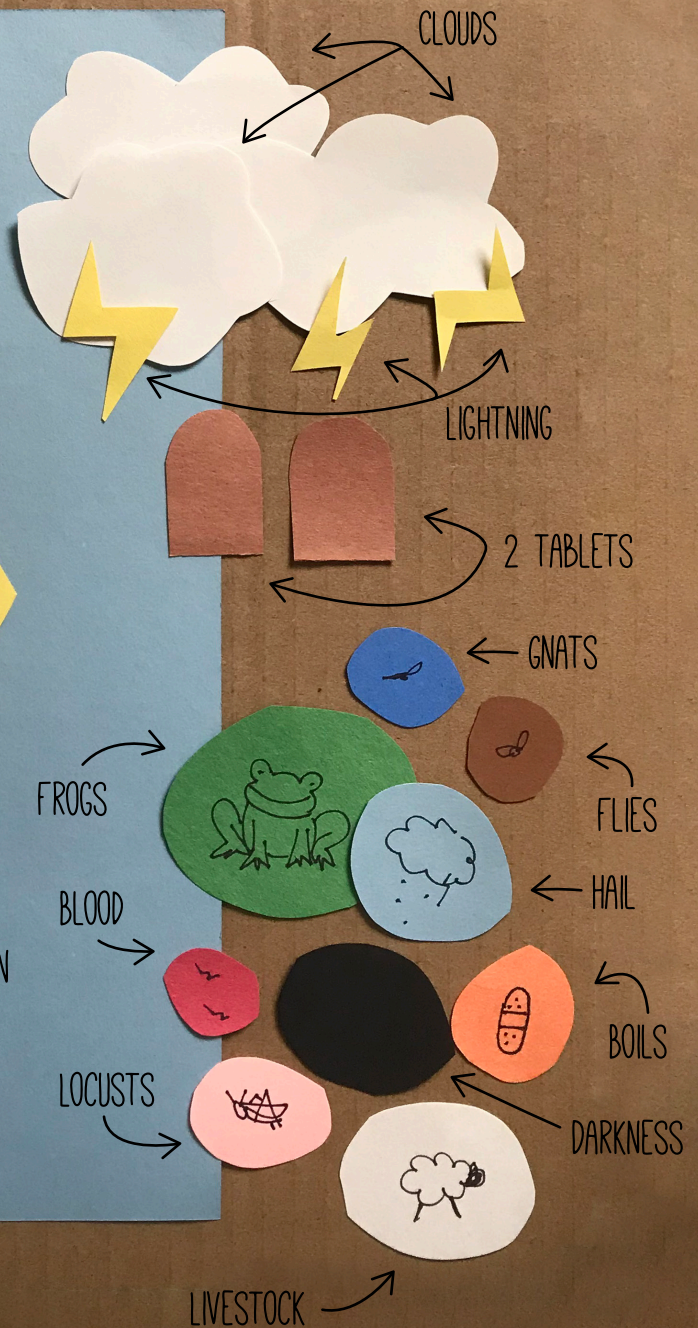
SIDE 1



1. CUT YELLOW PAPER USING THE MOUNTAIN & PYRAMID TEMPLATE

2. GLUE IN THE CENTER OF THE PAPER & FOLD IN HALF

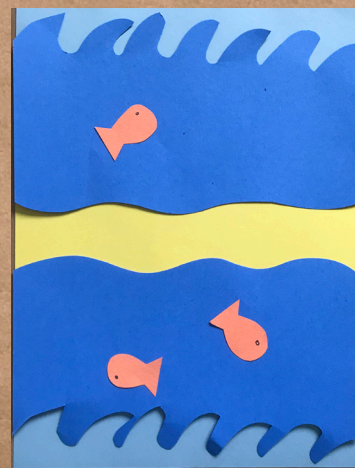
3. DRAW BLACK LINES ON PYRAMID SIDE



4. CUT OUT & DRAW MOUNTAIN ACCESSORIES & PLAGUES

DIAGRAM

SIDE 2

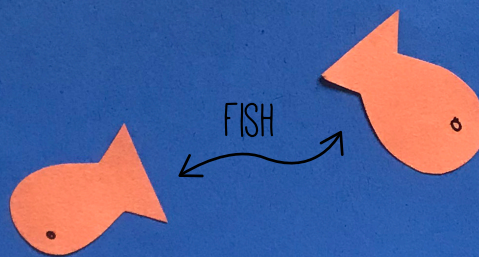
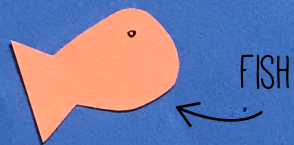


1. CUT DARK BLUE PAPER FOR WATER

2. CUT YELLOW PAPER FOR THE SAND THEN GLUE IN MIDDLE OF PAGE

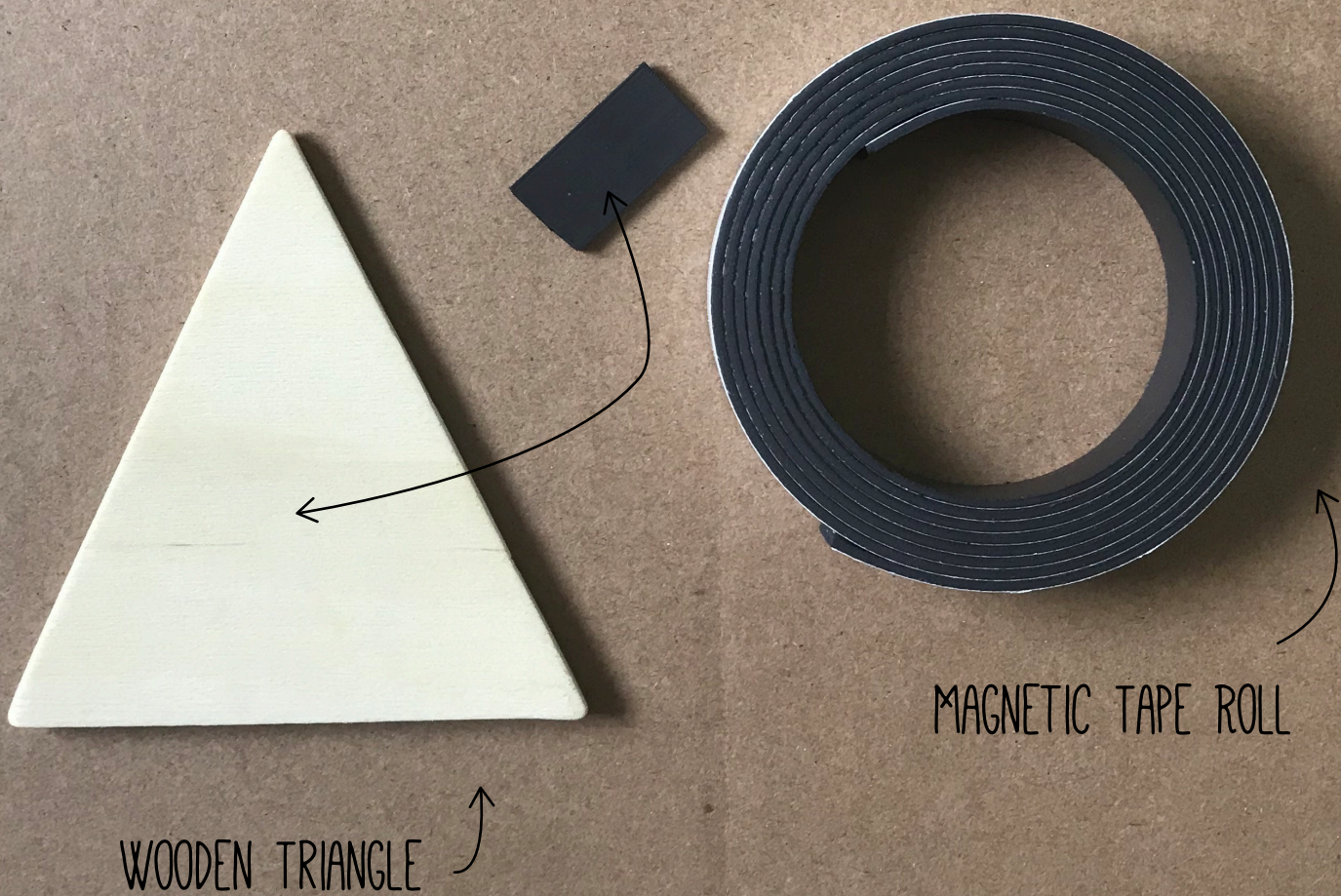
3. GLUE DARK BLUE PAPER ON TOP OF YELLOW

4. CUT OUT FISHES



TIP: CUT WAVES IN MIDDLE OF PAPER, SO YOU ONLY HAVE TO CUT THEM ONCE

TRIANGLE MAGNET



DIRECTIONS

CUT OFF A PIECE OF MAGNET AND HOT GLUE GUN
TO THE BACK OF THE WOODEN TRIANGLE—
STICKY SIDE DOWN.