

DAY 1

BLOOD

JOSHEB-BASSHEBETH

FOCUS

Josheb-Basshebeth was the leader of David's three might men!

MATERIALS

Spear (or straw)

ACTIVITY

THROW YOUR SPEAR

TALK: There were three men who followed David who were called Mighty Men. The leader, Josheb-Basshebeth and his two companions Eleazar and Shammah. They helped David in battle and do special missions! Josheb-Basshebeth, killed 800 men in one encounter! That's amazing!

ACTIVITY: Today we are going to read 2 Samuel 23:8 and practice with your spear (or you can grab a straw) and see how far you can throw it!

CORRESPONDING VERSE

JOSHEB-BASSHEBETH, A TAHKEMONITE, WAS CHIEF OF THE THREE; HE RAISED HIS SPEAR AGAINST EIGHT HUNDRED MEN, WHOM HE KILLED IN ONE ENCOUNTER.

2 SAMUEL 23:8

DAY 2

BLOOD

ELEAZAR

FOCUS

Eleazar was one of the three mighty men!

MATERIALS

Sword (or stick)

ACTIVITY

USE YOUR SWORD

TALK: The second mighty man, Eleazar, used his sword to defeat the Philistines!

ACTIVITY: Today we are going to read 2 Samuel 23:9-10 and practice with our swords (or stick)!

CORRESPONDING VERSE

NEXT TO HIM WAS ELEAZAR SON OF DODAI THE AHOHITE. AS ONE OF THE THREE MIGHTY WARRIORS, HE WAS WITH DAVID WHEN THEY TAUNTED THE PHILISTINES GATHERED AT PAS DAMMIM FOR BATTLE. THEN THE ISRAELITES RETREATED, BUT ELEAZAR STOOD HIS GROUND AND STRUCK DOWN THE PHILISTINES TILL HIS HAND GREW TIRED AND FROZE TO THE SWORD.

2 SAMUEL 23:9-10

DAY 3

BLOOD

SHAMMAH

FOCUS

Shammah was one of the three mighty men!

MATERIALS

Bag of lentils (bag of cereal)

ACTIVITY

SAVE THE LENTILS

TALK: The third mighty man was Shammah! When the Philistines we're trying to take a field full of lentils, Shammah defended it and defeated all the Philistines!

ACTIVITY: Today let's read 2 Samuel 23:11-12 and grab your bag or lentils (or a baggie of cereal) and play a game where you have your Tiny Arrow protect it, while you try to grab it!

CORRESPONDING VERSE

NEXT TO HIM WAS SHAMMAH SON OF AGEE THE HARARITE. WHEN THE PHILISTINES BANDED TOGETHER AT A PLACE WHERE THERE WAS A FIELD FULL OF LENTILS, ISRAEL'S TROOPS FLED FROM THEM. BUT SHAMMAH TOOK HIS STAND IN THE MIDDLE OF THE FIELD. HE DEFENDED IT AND STRUCK THE PHILISTINES DOWN, AND THE LORD BROUGHT ABOUT A GREAT VICTORY.

2 SAMUEL 23:11-12

DAY 4

BLOOD

DAVID'S THIRSTY

FOCUS

Getting David a drink of water from the well in Bethlehem.

MATERIALS

Cup of water

ACTIVITY

GO TO THE WELL

TALK: The three mighty men visited David who was thirsty! He said he wanted water from a well in Bethlehem! Where the Philistines were! But the three mighty men were brave and got him the water! David was so thankful he could not drink it and poured it out before the Lord!

ACTIVITY: Today let's read 1 Chronicles 11:15-19 and play a game! Fill a small glass of water and set it in a different room, low enough for your Tiny Arrow to read and grab. Then pretend to be David and encourage your Tiny Arrow to be one of the three mighty men! Tell them you are thirsty and would love a drink of water, then encourage them to go get you one from the other room! When they do, pour out the water (in a bowl or different cup) and say that you are so thankful that you can't drink it!

CORRESPONDING VERSE

THREE OF THE THIRTY CHIEFS CAME DOWN TO DAVID TO THE ROCK AT THE CAVE OF ADULLAM, WHILE A BAND OF PHILISTINES WAS ENCAMPED IN THE VALLEY OF REPHAIM. AT THAT TIME DAVID WAS IN THE STRONGHOLD, AND THE PHILISTINE GARRISON WAS AT BETHLEHEM. DAVID LONGED FOR WATER AND SAID, "OH, THAT SOMEONE WOULD GET ME A DRINK OF WATER FROM THE WELL NEAR THE GATE OF BETHLEHEM!" SO THE THREE BROKE THROUGH THE PHILISTINE LINES, DREW WATER FROM THE WELL NEAR THE GATE OF BETHLEHEM AND CARRIED IT BACK TO DAVID. BUT HE REFUSED TO DRINK IT; INSTEAD, HE POUED IT OUT TO THE LORD. "GOD FORBID THAT I SHOULD DO THIS!" HE SAID. "SHOULD I DRINK THE BLOOD OF THESE MEN WHO WENT AT THE RISK OF THEIR LIVES?" BECAUSE THEY RISKED THEIR LIVES TO BRING IT BACK, DAVID WOULD NOT DRINK IT.

1 CHRONICLES 11:15-19