



THE WORD WEEK 3



THE WORD

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THE TONGUE

FOCUS

PROVERBS 15:1, 16:24, & 18:21, MATTHEW 15:18,
EPHESIANS 4:29, COLOSSIANS 3:6, HEBREWS 3:13
& JAMES 3:5 & 3:10

Our words are powerful! They can bring
life and death!

MATERIALS

The Tongue picture
Cardboard person with words
Twizzler Pull and Peel and graph (1 per child)
Bucket of water with a stick to stir
Jenga
2 water bottles and clear (water) and black food coloring
Encourage coloring page
Crayons

ACTIVITIES

1. INTRODUCTION

TALK: Ask the children if they know about the tongue
and the power of our words!

ACTIVITY: Show children The Tongue picture and hang
nearby for them to see.



CORRESPONDING VERSE

2. WHERE WORDS COME FROM

TALK: Our words come out of our hearts!

ACTIVITY: Have children take turns reaching into the mouth
of the cardboard person and pulling out a word from the bag
where the heart is.

BUT THE THINGS THAT COME
OUT OF A PERSON'S MOUTH
COME FROM THE HEART, AND
THESE DEFILE THEM.

MATTHEW 15:18

ACTIVITIES

3. BAD WORDS

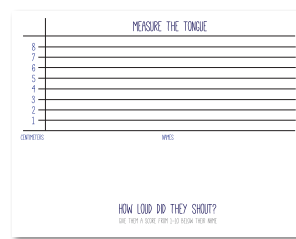
TALK: There are some feelings and actions that we should get rid of! Anger is when we are very mad, rage is when we are so mad we cannot control ourselves, malice is when we want to do something wrong, slander is when we lie about someone, filthy language is when we say words that are ugly and disobedience is if we are not obeying!

ACTIVITY: Have the children take the papers with the bad words and throw them in the trash.

4. OUR TONGUES

TALK: Our tongues are small, but they can say big things!

ACTIVITY: Have everyone measure the size of the tongue using a pull in peel. Then see who can shout the loudest. Make a graph of who shouted the loudest and whose tongue was the biggest.



CORRESPONDING VERSE

BUT NOW YOU MUST ALSO RID YOURSELVES OF ALL SUCH THINGS AS THESE: ANGER, RAGE, MALICE, SLANDER, AND FILTHY LANGUAGE FROM YOUR LIPS.

COLOSSIANS 3:6

LIKEWISE, THE TONGUE IS A VERY SMALL PART OF THE BODY, BUT IT MAKES GREAT BOASTS.

JAMES 3:5

5. CALM & STIRRED UP

TALK: Answering someone with kind, gentle words is better than using mean words!

ACTIVITY: Grab a large container filled with water. Then put a stick inside to stir it. Have each child say something gentle and see how it is calm. Then say something mean, and stir the water to show them how it gets rough.

A GENTLE ANSWER TURNS AWAY WRATH, BUT A HARSH WORD STIRS UP ANGER.

PROVERBS 15:1

6. BUILD UP & TEAR DOWN

TALK: When we say mean things it is like we are taking away from someone, but when we say kind things, we are building them up!

ACTIVITY: Set up a jenga game, then have the children take away a block and add it to another pile beside it. Have each child participate until the first pile collapses and the second is built up.

LET NO UNWHOLESOME TALK COME OUT OF YOUR MOUTHS, BUT ONLY WHAT IS HELPFUL FOR BUILDING UP THE ONE IN NEED AND BRINGING GRACE TO THOSE WHO LISTEN.

EPHESIANS 4:29

ACTIVITIES

7. LIFE & DEATH

TALK: We have the power of life and death with our tongue! What we say matters!

ACTIVITY: Add clear water to a bottle as you say nice things. Then add black food coloring to another bottle as you say mean things.

8. TAME THE TONGUE

TALK: We need self control to tame our tongue! We need to be able to stop ourselves from doing or saying things we should not do!

ACTIVITY: Choose a word, like pineapple, that you are going to have each child “tame their tongue” to not say. Have them say the word, then have them repeat the word again but this time hold their tongue with their fingers so it is hard to say.

9. KINDNESS IS SWEET

TALK: When we say kind words, is it sweet like honey!

ACTIVITY: Encourage each child to say something nice, and give them some honey to eat afterwards.

10. ENCOURAGE

TALK: We should use our tongues to encourage each other every day!

ACTIVITY: Add the encouraging words to the cardboard person before this activity. Have each child grab an encouraging phrase from the cardboard person, then have them say it to someone in the room.

OPTIONAL: Hand out each child a bible verse to take home.

CORRESPONDING VERSE

THE TONGUE HAS THE POWER OF LIFE AND DEATH.

PROVERBS 18:21

OUT OF THE SAME MOUTH COME BLESSING AND CURSING. MY BROTHERS, THIS SHOULD NOT BE!

JAMES 3:10

GRACIOUS WORDS ARE A HONEYCOMB, SWEET TO THE SOUL

PROVERBS 16:24

BUT ENCOURAGE ONE ANOTHER DAILY, AS LONG AS IT IS CALLED “TODAY;”

HEBREWS 3:13

THE TONGUE HAS THE
POWER OF LIFE AND DEATH.

PROVERBS 18:21

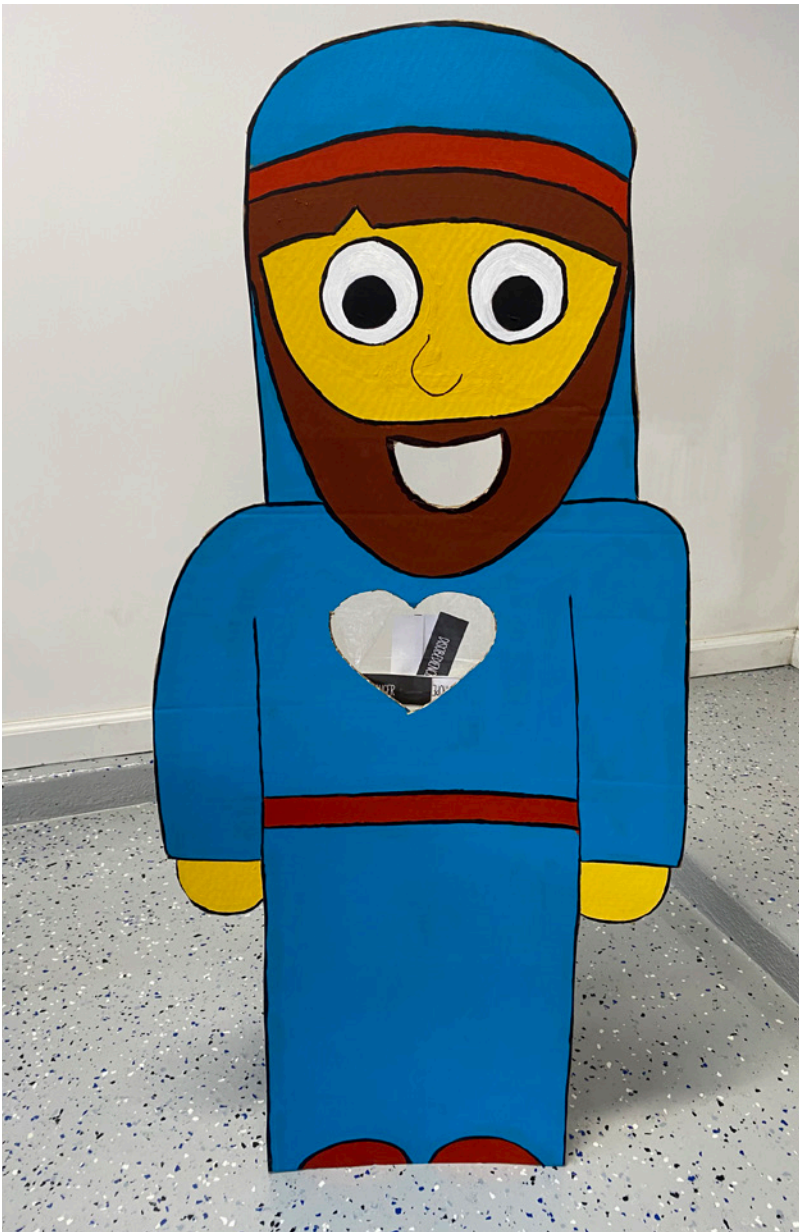
THE TONGUE

YOU'RE DOING
A GREAT JOB!

THANK YOU!

CARDBOARD PERSON

I painted a character on a thick piece of cardboard and cut out a hole for the mouth and the heart. Then I taped a baggie of words onto the back side of the heart, so you could see them from the front and the children could grab them from reaching their hand into the mouth. I also taped a stand to the back so the character could stand freely.



WORDS

Print and cut out the words below. Then place them in the sandwich baggie that is taped to the cardboard person.

ANGER

LOVE

RAGE

KINDNESS

MALICE

GENTLENESS

SLANDER

HOPE

FILTHY LANGUAGE

JOY

DISOBEDIENCE

OBEDIENCE

MEASURE THE TONGUE

8
7
6
5
4
3
2
1

CENTIMETERS

NAMES

HOW LOUD DID THEY SHOUT?

GIVE THEM A SCORE FROM 1-10 BELOW THEIR NAME

ENCOURAGING WORDS

Print and cut out the words below and place them in a sandwich baggie that is attached to the character.

YOU ARE AWESOME!

I LIKE YOUR SMILE!

YOU ARE LOVING!

I LIKE YOUR SHOES!

YOU ARE STRONG!

I LIKE YOUR HAIR!

YOU ARE JOYFUL!

I LIKE YOUR EYES!

YOU ARE KIND!

I LIKE YOUR SHORTS!

YOU ARE SWEET!

I LIKE YOUR SHIRT!

ENCOURAGE

SOMEONE

TODAY!

THE TONGUE HAS THE
POWER OF LIFE AND DEATH.

PROVERBS 18:21

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