

# DAY 1

## THE WORD

## OUR WORDS

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### FOCUS

Our words come from our heart!

### MATERIALS

### ACTIVITY

#### FROM THE HEART

**TALK:** We learned that God's Words have power! When we follow Jesus, our words have power too! But where do our words come from? From our hearts!

**ACTIVITY:** Today let's read Matthew 15:18 and have your Tiny Arrow say a word, then have them point to their heart and tell them that is where it came from!

### CORRESPONDING VERSE

BUT THE THINGS THAT COME OUT OF A PERSON'S MOUTH COME FROM THE HEART, AND THESE DEFILE THEM.

MATTHEW 15:18

# DAY 2

## THE WORD

# BUILD UP

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## FOCUS

We should build people up with our words!

## MATERIALS

Stacking blocks or toys

## ACTIVITY

### USING WORDS

**TALK:** We want to build people up with our words and not tear them down!

**ACTIVITY:** Today let's read Ephesians 4:29 and help your Tiny Arrow stack blocks, or toys together. While they are stacking tell them we want to build people up with our words!

## CORRESPONDING VERSE

LET NO UNWHOLESOME TALK  
COME OUT OF YOUR MOUTHS,  
BUT ONLY WHAT IS HELPFUL  
FOR BUILDING UP THE ONE  
IN NEED AND BRINGING GRACE  
TO THOSE WHO LISTEN.

EPHESIANS 4:29

# DAY 3

## THE WORD

# SPEAK MORE

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## FOCUS

Speak blessings to people!

## MATERIALS

## ACTIVITY

### BLESSINGS

**TALK:** We want to build people up with our words and bless them!

**ACTIVITY:** Today let's read James 3:10 and have your Tiny Arrows say "God bless you" to someone!

## CORRESPONDING VERSE

OUT OF THE SAME MOUTH  
COME BLESSING AND  
CURSING. MY BROTHERS,  
THIS SHOULD NOT BE!

JAMES 3:10

# DAY 4

## THE WORD

# KIND WORDS

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## FOCUS

Our kind words taste sweet!

## MATERIALS

Something sweet

## ACTIVITY

### ARE SWEET

**TALK:** Saying kind words to someone is not only sweet to them, but the person saying them!

**ACTIVITY:** Today let's have our Tiny Arrow say something kind to someone and give them something sweet afterwards!

## CORRESPONDING VERSE

GRACIOUS WORDS ARE A HONEYCOMB, SWEET TO THE SOUL.

PROVERBS 16:24