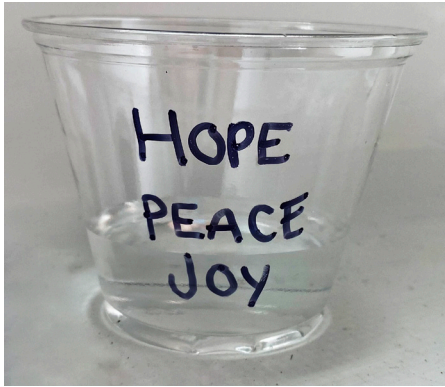
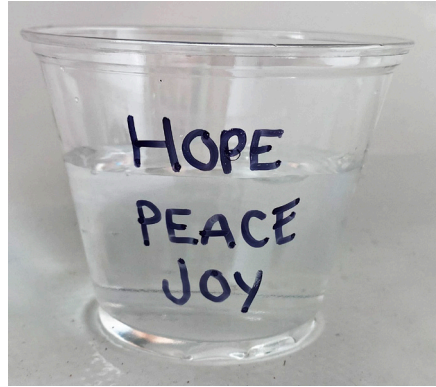


FOLLOW THE INSTRUCTIONS BELOW FOR THE CUP & WATER ACTIVITY.



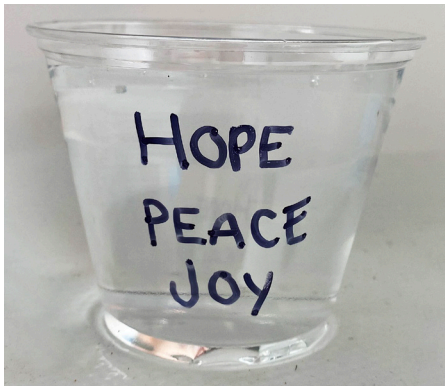
### STEP 1

FILL A SEPARATE CUP WITH APPROXIMATELY 2 CUPS OF WATER THEN FILL THE HOPE, PEACE & JOY CUP UNTIL THE WATER LINE IS ABOVE JOY.



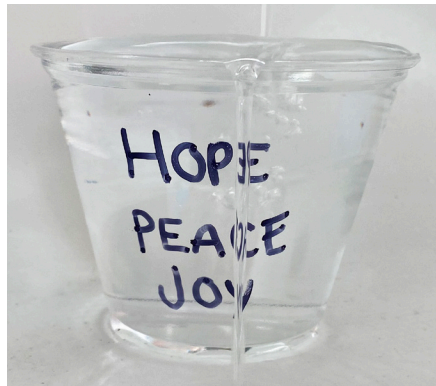
### STEP 2

ADD MORE WATER UNTIL THE WATER LINE IS ABOVE PEACE.



### STEP 3

ADD MORE WATER UNTIL THE WATER LINE IS ABOVE HOPE.



### STEP 4

ADD MORE WATER UNTIL IT IS OVERFLOWING AND POURING OUT OF THE TOP OF THE CUP.

# OVERFLOW WITH HOPE

## FOCUS

ROMANS 15:13 & MATTHEW 14:29-31

When we put our trust in God, he fills us with peace and joy and we overflow with hope!

## MATERIALS

Overflow with hope booklet

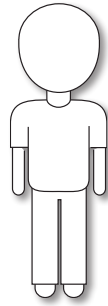
Cup and water

Crayon

## ACTIVITY

### TRUST

**TALK:** Sometimes it is hard to trust. If we are not the ones in control, will things happen the way we want them to? The bible teaches us that if we trust in God, he will give us joy, peace and a hope that overflows by the power of the Holy Spirit! All we have to do is trust him! Read Matthew 14:29-31. Explain that all Peter had to do was trust in Jesus when Jesus said come, and he could have walked to Jesus on water! But he doubted and began to sink! In order to do what Jesus asks us to do, we must trust him!



**ACTIVITY:** Show your Tiny Arrow the character on the next page. Have them color the character to resemble themselves. Then color the water to represent trust, the legs to represent joy, the torso to represent peace and the head to represent hope! Afterwards, do the activity on the last page.



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## CORRESPONDING VERSE

MAY THE GOD OF HOPE FILL YOU WITH ALL JOY AND PEACE AS YOU TRUST IN HIM, SO THAT YOU MAY OVERFLOW WITH HOPE BY THE POWER OF THE HOLY SPIRIT.

ROMANS 15:13

"COME," HE SAID. THEN PETER GOT DOWN OUT OF THE BOAT, WALKED ON THE WATER AND CAME TOWARD JESUS. BUT WHEN HE SAW THE WIND, HE WAS AFRAID AND, BEGINNING TO SINK, CRIED OUT, "LORD, SAVE ME!" IMMEDIATELY JESUS REACHED OUT HIS HAND AND CAUGHT HIM. "YOU OF LITTLE FAITH," HE SAID, "WHY DID YOU DOUBT?"

MATTHEW 14:29-31

COLOR THE CHARACTER TO RESEMBLE YOUR TINY ARROW, THEN FILL IN EACH SECTION ONE BY ONE, SHOWING HOW THEY ADD TOGETHER TO MAKE A HOPE THAT OVERFLOWS!

