

## ACTIVITY

### BE FILLED

**TALK:** Just like we eat food everyday, we should read God's Word everyday!

**ACTIVITY:** Help your Tiny Arrow read and choose three scriptures on the back page. After you help your Tiny Arrow write down one on a piece of bread, say "That was good, but I can eat more!" Then help your Tiny Arrow write down a second scripture on a piece of bread and say "That was good, but I can still eat more!" Lastly, help your Tiny Arrow write down a third scripture on the last piece of bread and say "That was good! God's Word fills me!"

# OUR FOOD

## FOCUS

MATTHEW 4:4

We can be filled not just with bread,  
but God's Word!

## MATERIALS

Our Food booklet  
Pencil

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## CORRESPONDING VERSES

MAN SHALL NOT LIVE BY BREAD ALONE, BUT BY EVERY WORD THAT  
COMES FROM THE MOUTH OF GOD.

MATTHEW 4:4

PICK THREE VERSES & WRITE THEM ON THE BREAD

THE LORD SUSTAINS ME

PSALM 3:5

YOU ARE MY ROCK

PSALM 28:1

HIS GLORY IS GREAT

PSALM 21:5

NEVER BE SHAKEN

PSALM 15:5

THE LORD IS  
MY SHEPHERD

PSALM 23:1

YOU SAVE  
THE HUMBLE

PSALM 18:27

YOU HEAR MY VOICE

PSALM 5:3

I TRUST IN YOU

PSALM 25:2

