

# SALT & LIGHT

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## CALLED

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### FOCUS

LEVITICUS 2:13, NUMBERS 18:19, MATTHEW 5:13 & 5:16,  
LUKE 8:16 & JOHN 8:12

We are called to be salt and light!

### MATERIALS

Pinch of salt, slice of bread or cracker (1 set per child)  
Black sheet of paper & a white crayon (1 set per child)  
1 cup of salt, a jar & tea light (1 set per child)  
Flashlight  
Covering for the light *not provided*

### ACTIVITIES

#### 1. SEASONING

**TALK:** Salt is a seasoning! It is white and has a sharp specific taste. Israelites would use salt on their food and their grain offerings!

**ACTIVITY:** Have your Tiny Arrow try salt then have them put some on a slice of bread or cracker!

#### 2. PROMISE

**TALK:** Salt can do something amazing! It can help to preserve your food! That means your fresh food can last longer because it has salt on it! The Lord even told the Israelites that salt represented a permanent covenant, or promise, because it represented something long lasting!

**ACTIVITY:** Have your Tiny Arrow write P R O M I S E on a black sheet of paper with a white crayon.

### CORRESPONDING VERSE

SEASON ALL YOUR GRAIN OFFERINGS WITH SALT. DO NOT LEAVE THE SALT OF THE COVENANT OF YOUR GOD OUT OF YOUR GRAIN OFFERINGS; ADD SALT TO ALL YOUR OFFERINGS

LEVITICUS 2:13

"IT IS A PERMANENT COVENANT OF SALT BEFORE THE LORD FOR YOU AND YOUR OFFSPRING."

NUMBERS 18:19

## ACTIVITIES

### 3. CALLED TO BE SALT

**TALK:** We are called to be the salt of the earth!

**ACTIVITY:** Have your Tiny Arrow fill the I am Salt & Light jar with salt.



## CORRESPONDING VERSE

"YOU ARE THE SALT OF THE EARTH"

MATTHEW 5:13

### 4. LIGHT & DARKNESS

**TALK:** Light is the opposite of darkness! It is bright, helps you see things and always beats the dark! Jesus even said I am the light of the world!

**ACTIVITY:** Have your Tiny Arrow go into a room. Help them to turn on and off the light switch a few times so they can see when it is dark and when it is light. Then have them turn on the flashlight and the lights off. Tell them Jesus represents the flashlight and it shines bright even in darkness!

WHEN JESUS SPOKE AGAIN TO THE PEOPLE, HE SAID, "I AM THE LIGHT OF THE WORLD. WHOEVER FOLLOWS ME WILL NEVER WALK IN DARKNESS, BUT WILL HAVE THE LIGHT OF LIFE."

JOHN 8:12

### 5. SHINE BRIGHT

**TALK:** We should shine bright just like Jesus! How we can shine bright is by going good deeds!

**ACTIVITY:** Help your Tiny Arrow put the tea light in the I am Salt & Light jar with the light on, then encourage them to go do a good deed!



IN THE SAME WAY, LET YOUR LIGHT SHINE BEFORE OTHERS, THAT THEY MAY SEE YOUR GOOD DEEDS AND GLORIFY YOUR FATHER IN HEAVEN.

MATTHEW 5:16

### 6. UNCOVERED

**TALK:** Lamps are meant to give light! You do not turn on a lamp then cover it up! Just like a lamp shines bright, we should too!

**ACTIVITY:** Have your Tiny Arrow cover the lamp they just made, pointing out to them that you cannot see the light when it is covered. Then have them take the cover off and encourage them to always shine bright!

"NO ONE LIGHTS A LAMP AND HIDES IT IN A CLAY JAR OR PUTS IT UNDER A BED. INSTEAD, THEY PUT IT ON A STAND, SO THAT THOSE WHO COME IN CAN SEE THE LIGHT."

LUKE 8:16

**OPTIONAL:** Hand out each child a bible verse to take home.

"YOU ARE THE SALT OF THE EARTH"

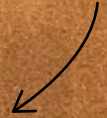
"LET YOUR LIGHT SHINE BEFORE OTHERS"

MATTHEW 5:13 & 5:16

# SALT & LIGHT LAMP



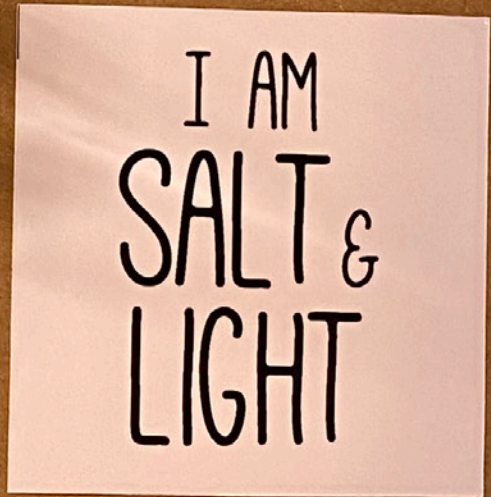
16 OZ CLEAR  
PLASTIC JAR



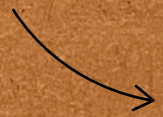
TEA LIGHT



PRINT ON CLEAR STICKER  
PAPER & CUT OUT



1 1/2 CUPS OF SALT  
(I USED ICE CREAM SALT)



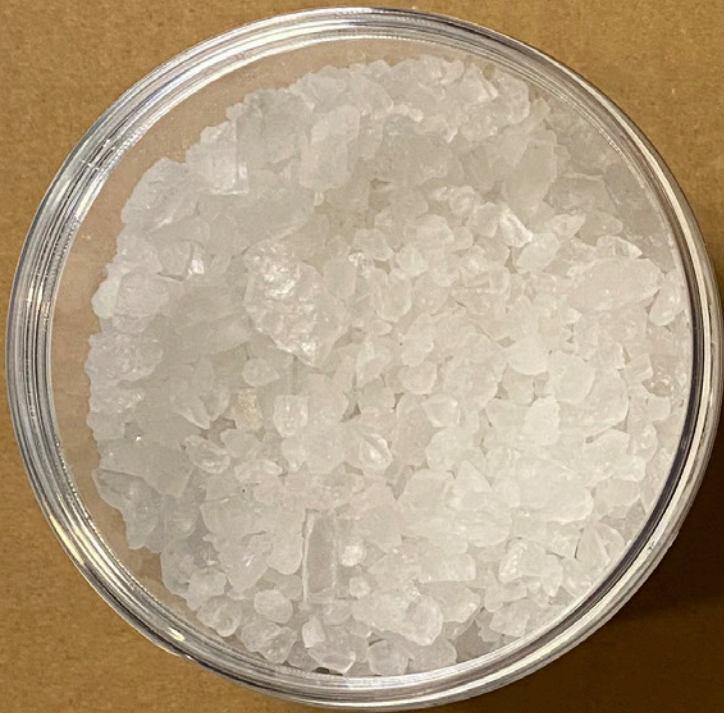
# SALT & LIGHT LAMP

PLACE THE STICKER ON THE JAR

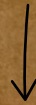


# SALT & LIGHT LAMP

FILL THE JAR WITH SALT



PLACE THE TEA LIGHT ON TOP OF THE SALT



I AM  
SALT &  
LIGHT

I AM  
SALT &  
LIGHT

I AM  
SALT &  
LIGHT

I AM  
SALT &  
LIGHT

I AM  
SALT &  
LIGHT

I AM  
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