

DAY 1

JOY

LOVE & JOY

FOCUS

The first two fruits of the Spirit are love and joy!

MATERIALS

ACTIVITY

ENJOY

TALK: There are 9 fruits of the Spirit! The first two are love and joy!

ACTIVITY: Today let's read Galatians 5:22-23 and do something with your Tiny Arrow that you both love to do and brings you both joy! You could go for a walk, ride your bike to the park or even paint a picture.

CORRESPONDING VERSE

BUT THE FRUIT OF THE SPIRIT IS LOVE, JOY, PEACE, FORBEARANCE, KINDNESS, GOODNESS, FAITHFULNESS, GENTLENESS AND SELF-CONTROL.

GALATIANS 5:22-23

DAY 2

JOY

PEACE & FORBEARANCE

FOCUS

The next two fruits of the Spirit are peace and forbearance!

MATERIALS

Game

ACTIVITY

TAKING TURNS

TALK: The next two fruits of the spirit are peace and forbearance (or patience)!

ACTIVITY: Today let's read Galatians 5:22-23 and play a game with your Tiny Arrow where you have to take turns. While they are waiting for their turn encourage them to have patience.

CORRESPONDING VERSE

BUT THE FRUIT OF THE SPIRIT IS LOVE, JOY, PEACE, FORBEARANCE, KINDNESS, GOODNESS, FAITHFULNESS, GENTLENESS AND SELF-CONTROL.

GALATIANS 5:22-23

DAY 3

JOY

KINDNESS, GOODNESS & FAITHFULNESS

FOCUS

The next three fruits of the Spirit are kindness, goodness and faithfulness!

MATERIALS

ACTIVITY

GIFT

TALK: The next three fruits of the Spirit are kindness, goodness and faithfulness!

ACTIVITY: Today let's read Galatians 5:22-23 and help your Tiny Arrow do something for someone! You could make someone a snack, picture or even a dance!

CORRESPONDING
VERSE

BUT THE FRUIT OF THE SPIRIT IS LOVE, JOY, PEACE, FORBEARANCE, KINDNESS, GOODNESS, FAITHFULNESS, GENTLENESS AND SELF-CONTROL.

GALATIANS 5:22-23

DAY 4

JOY

GENTLENESS & SELF-CONTROL

FOCUS

The last two fruits of the Spirit are gentleness and self-control!

MATERIALS

ACTIVITY

JUMP!

TALK: The last two fruits of the Spirit are gentleness and self-control.

ACTIVITY: Today let's read Galatians 5:22-23 and have your Tiny Arrow jump up and down really fast, then have them slow down and jump slow, or just bend their knees. Have them repeat the process of jumping fast then slow. Encourage them to have gentle movements during the slow time and control their body while they are jumping.

CORRESPONDING VERSE

BUT THE FRUIT OF THE SPIRIT IS LOVE, JOY, PEACE, FORBEARANCE, KINDNESS, GOODNESS, FAITHFULNESS, GENTLENESS AND SELF-CONTROL.

GALATIANS 5:22-23